Chapter 1 - Installing Sill Plates and Egress Ladders

Foundation	1. Trim any foamboard extending above the top surface of the foundation
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Preparation	2. Remove any debris from the top surface of the foundation
	3. Check straightness of the chalk lines with a string line
	4. Install sill plates on pocket walls first; then proceed to non-pocket walls
Install Sill	5. Place foam sill seal on top of foundation, secured by impaling it onto foundation bolts
Plates	and held at least 1" back from the chalk lines
	6. Determine layout of sill plates on the walls and cut pieces to appropriate lengths
	7. Mark locations of the foundation bolts on the sill plate material
	8. Drill ¾" or ¾" holes for the bolts
	9. Place the sill plate so it slides over the foundation bolts and is aligned with the chalk
	line
	10. Secure the sill plate with a $\frac{1}{2}$ " nut on top of a 5/16" washer, which is on top of a
	rectangular concrete form tab
Caulk Sill	11. Apply air sealing caulk between all sill plates where they abut and toenail seams with
Plates	8d nails
	12. Lay a thick bead of air sealing caulk on the interior side of the sill plate where it meets
	the foundation
Install Egress	13. Install egress ladder(s) in egress well(s), making sure ladders are plumb
Ladder(s)	14. Replace metal and wood egress covers

Quality Points

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- No sill seal extends over the foundation chalk line
- All sill plates are flush with the chalk line
- All sill plates are attached to at least two foundation bolts
- Sill plates are secured at each foundation bolt with a washer, concrete form tab, and nut, as needed
- Sight along the top of the sill plates to ensure they are straight and there are no valleys or hills
- Sill plate seams are toenailed together with 8d nails
- Sill plate seams are completely filled with air sealing caulk
- Caulk completely seals the joint where the sill plate meets the foundation
- Egress ladder(s) are installed in window well(s). Ladder(s) are plumb, centered on the wall opposite to the window, and secured with two 1¾" concrete screws
- Metal and temporary wood egress covers are installed