Chapter 12 - Air Sealing (Poly)

Installing Poly Vapor Barrier

- 1. Install vapor barrier on main floor of the house only
- 2. Minimize staples. Target every 24". Tape holes seams having less than a 2-stud overlap and ceiling poly seams with air sealing tape
- 3. All poly overlaps must cover two studs or trusses
- 4. Before stapling at corners:
 - a. Tuck poly TIGHT INTO corners NO AIR GAPS or "stretched" corners but a nice 90-degree crease formed into corner
 - b. Verify poly is not bunched up (especially at ceiling/wall corners)
 - c. Staple corners with hand stapler tight to corner. Keep staples 1" away from corners
- 5. Use nominal 12' poly for ceiling: 8' poly for walls
- 6. Install all ceiling poly before installing wall poly
- 7. After installing poly, cut an X across electrical box corners and push poly up 1/2 around box
- 8. Cut an X across house scuttle and staple to framing
- 9. Cut an X across windows and staple to framing
- 10. Cut out poly over bath fan opening and seal poly to housing with air sealing tape
- 11. Cut out the poly covering the door along the outside edges of the door jamb. Roll up and tape over door
- 12. Tape around exterior corners along top plates
- 13. Extend ceiling poly 6" down the top of walls
- 14. Pull vanity, thermostat, and doorbell wires through poly
- 15. Install bedrooms and kitchen/living room areas 1st (before bathroom and closets)
- 16. Use scrap pieces (if available) for bathrooms and closets
- 17. At intersecting corners, extend wall poly to cover the 1st stud beyond the corner of intersecting wall
- 18. Move insulation if covering wall studs before covering with poly.
- 19. Keep poly tight. Tuck poly tightly into to corners before stapling. Keep staples 2' apart.
- 20. Before stapling free ends at wall corners, staple the factory edge of at least 4 adjacent studs, then staple the down the 4 studs top to bottom before securing the free end wrap.
- 21. When stapling corners, staple one stud at a time, top to bottom. Staple exterior corner stud 1st before intersecting wall stud
- 22. Cover all ceiling areas, exterior walls, two studs of intersecting walls and flush sliding closet headers with poly.
- 23. At ceiling/wall intersections, staple to truss first before securing to top plate

Quality Points

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- All ceiling area is covered with poly
- Ceiling poly is covering upper and top plates around entire house exterior, " and there's a 2 truss overlap on all overlap seams AND taped along trusses
- Poly corners are tucked tight to framing and will not interfere with sheetrocking
- Poly around exterior corners and posts is sealed to top plates
- Closet headers with flush sliding doors are covered with poly (inside and outside) and header ends are sealed with air sealing tape
- Poly around ceiling and wall electrical boxes has a snug fit (or otherwise taped)
- All exterior wall areas are covered with poly (including 1st 2 studs on intersecting walls)
- Wall poly has minimum 24" (2 stud) overlap of seams (otherwise seams must be taped)
- All holes or tears in poly are taped with air sealing tape. Bath fan perimeter is sealed with air sealing tape.
- Window and house scuttle access poly are cut from each window and excess poly is stapled to framing (Hold off from cutting scuttle poly in the winter. See Construction Supervisor)
- Window poly cut-outs are placed in tub
- Poly covering bath fan is cut along outer edge of the fan flange and taped to flange
- Unusable small scraps of poly (< 3') are stapled to interior wall surfaces (other than bathroom walls) and larger pieces are temporarily stored in the bathtub for painting day
- Poly cut along exterior door jambs is rolled up and taped above door with painter' tape